



# SAPNA HANDA

FOUNDER & DIRECTOR – NOVUS IMPECCABLY IMAGE CONSULTING | IMAGE & LEADERSHIP COACH | SOFT SKILLS FACILITATOR | COMMUNICATION STRATEGIST

## CONTACT

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## SOFT SKILLS

- Empowering Coach
- Strategic Thinker
- Influential Mentor
- Creative Storyteller

## CORE COMPETENCIES

- Image Consulting & Personal Branding
- Leadership training & Executive Presence
- Soft skills facilitation & Coaching
- Corporate Etiquette & Dining Protocol
- Vocal and verbal communication skills
- Emotional Intelligence & Goal setting
- Public Speaking
- Grooming styling & Wardrobe Management
- Customer Experience and Interpersonal Skills



## PROFILE

Experienced Image Consultant and Leadership Coach with a decade of success in transforming presence, behavior, and communication for professionals and teams



## CAREER SUMMARY

- Offering over 10+ years of rich experience in Image Consulting, Corporate Grooming, Soft Skills Facilitation, and now evolving into Leadership Development and Executive Coaching.
- Founder of NOVUS Impeccably You, a consulting brand recognized for transforming personal and professional identities through image, behavior, and communication coaching
- Skilled in coaching C-level executives, CEOs, managers, and entrepreneurs to build executive presence, strategic communication, and leadership influence..
- Proven ability in designing leadership training modules focused on team influence, high-performance communication, emotional intelligence, and behavioral alignment to business goals.
- Delivered impactful sessions in collaboration with reputed organizations like IIM Trichy, MRF, Vodafone, HP, and Rotary, now extending into leadership transformation journeys for top-level professionals.
- Specialized in Executive Presence, Personal Branding, Assertive Communication, Power Dressing for Leaders, and Boardroom Behavior.
- Known for blending Image Management with Leadership Psychology, helping leaders align their personal image, body language, and verbal influence to their organizational roles.
- Strong track record in developing customized training programs for organizations aiming to cultivate a confident, agile, and emotionally intelligent leadership pipeline.
- Experienced in facilitating strategic workshops on topics such as "Commanding Presence," "Leadership through Non-verbal Communication," "Dressing for Authority," and "Leading with Impact."
- Recognized for intuitive coaching style that builds trust, drives transformation, and enables long-term professional growth.
- Featured in leading media including The Hindu, Deccan Chronicle, DT Next, and New Indian Express for her contribution to individual transformation and leadership grooming.

## FEATURED

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- The Hindu
- Deccan Chronicle
- DT Next
- New Indian Express

## AWARDS

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- REX KARAMVEER CHAKRA AWARD 2024
- AVC WONDER WOMAN ACHIEVERS AWARD
- INTERNATIONAL IMAGE AND STYLING COACH DUBAI EXCELLENCE AND VISIONARY AWARD DUBAI 2022
- THE BEST IMAGE AND STYLING CONSULTANT OF INDIA - BY SONU SOOD

## PUBLICATIONS

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- FROM NOVICE TO NOVUS  
<https://notionpress.com/in/read/from-novice-to-novus/>



## EDUCATION DETAILS

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Bachelor of Arts

Masters in English Literature

Certified Image Consultant and Styling Mentor ( Image Consulting Business institute; Curriculum partner: Conselle Institute of Image Management )

Certified Soft Skills Trainer ( Scottish Qualification Authority)

Nabet certified Train the Trainer coach



## CERTIFICATIONS

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Certified Image Consultant - Image Consulting Business Institute (ICBI)

Certified Soft Skills Trainer - ICBI

Train the Trainer (TTT) - NABET-SQA Accredited



## KEY CORPORATE ENGAGEMENTS & WORKSHOPS DELIVERED

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Amway - "Glamorous You: Dress to Impress"

Benz Hotel - Corporate sessions on Business & Dining Etiquette

Vodafone - Makeover, Hygiene, Image Makers & Breakers

Hewlett Packard - Image Management, Power Dressing, Business Etiquette, Corporate Dining Etiquette, Non-verbal Communication

IIM Trichy - Interview Preparation and Personal Branding for first-year MBA students

MRF - Executive Presence Training for Mid-to-Senior Management

Zorba - Customer Service: "On Being Assertively Friendly"

Leela, Kovalam - Workshop on "Layering at Its Creative Best" for hospitality professionals.